

Starters

- 1a. **Onion Pakora** 🍷 🌶️ £4.50
Sliced onion, coated in gram flour and spices, deep fried and served with a yogurt dip.
- 1b. **Chicken Samosas** 🍷 🌶️ 🍲 £5.25
Deep fried pastry filled with freshly cooked minced chicken using our special spices and herbs served with a yogurt dip.
- 1c. **Kalipare Squid** 🍷 🌶️ 🍲 £5.95
Fresh squid marinated in herbs and spices, deep fried and served with a yogurt dip.
- 1d. **Vegetable Samosas** 🍷 🌶️ 🍲 £5.25
Deep fried pastry filled with freshly cooked vegetables using our special spices and herbs, served with a yogurt dip.
- 1e. **Lamb Samosas** 🍷 🌶️ 🍲 £5.25
Deep fried pastry filled with freshly cooked minced lamb using our special spices and herbs, served with a yogurt dip.

Tandoori

- 2a. **Sekuwa Murgh Kebab** 🍷 🌶️ 🍲 £7.65
Pieces of chicken breast marinated in yogurt with medium spices.
- 2b. **Murgh Shish Kebab** 🍷 🌶️ 🍲 £7.25
Minced chicken mixed with green chilli, ginger, garlic and our own tandoori spices.
- 2c. **Tandoori Mixed Grill** 🍷 🌶️ 🍲 🍷 🍲 £12.95
Selection of meat and a prawn marinated in herbs & spices.
- 2d. **Mixed Kebab Chhoyela** 🍷 🌶️ 🍲 🍷 🍲 £12.35
Boneless chicken and lamb pieces marinated in our own style with fresh onion, capsicum and tomatoes.
- 2e. **Puchchre Prawns** 🍷 🌶️ 🍲 🍷 🍲 £12.35
King prawn with tail marinated in our special spices and gently cooked in the tandoor then fried with herbs.
- 2f. **Tandoori Salmon Kebab** 🍷 🌶️ 🍲 🍷 🍲 £11.50
Salmon fillet marinated with roasted Tiffin Tin spices, slowly cooked in Tandoor with peppers, tomatoes and onion. Highly recommended!
- 2g. **Lamb Shish Kebab** 🍷 🌶️ 🍲 £7.35
Minced lamb with ginger, garlic, fresh coriander, green pepper and our own spices.
- 2h. **Sekuwa Lamb Kebab** 🍷 🌶️ 🍲 £7.65
Fillet of lamb marinated in yogurt with medium spices.
- 2i. **Paneer Kebab** 🍷 🌶️ 🍲 £7.65
Indian cheese marinated with yogurt and our own special spices gently cooked with green peppers and onion in the natural clay oven.
- 2j. **Mini Mixed Grill** 🍷 🌶️ 🍲 £7.95
Selection of chicken and lamb meat marinated in herbs and spices, and cooked in a clay tandoori oven.

Chicken

- 3a. **Murgh Korma** 🍷 🌶️ 🍲 £9.65
Juicy chicken with dry nuts in a mild creamy sauce.
- 3b. **Murgh Tikka Masala** 🍷 🌶️ 🍲 £9.65
Chunks of barbecued chicken breast, in a creamy tomato and cashew nut sauce.
- 3c. **Mango Chicken Curry** 🍷 🌶️ 🍲 £9.55
Tender chicken cooked in a tomato based sauce with cream and mango, fried garlic and our special home-made spices.
- 3d. **Murgh Jaypur** 🍷 🌶️ 🍲 £9.55
Succulent barbecued chicken breast in cashews and coconut, served in a creamy sauce.
- 3e. **Murgh Mirchi** 🍷 🌶️ 🍲 £9.55
This highly popular chilli chicken for those who like it hot. Succulent breast chicken in southern style spicy tomato sauce, green chilli, and curry leaf, with a hint of ground black pepper.
- 3f. **Murgh Freizi** 🍷 🌶️ 🍲 £9.55
Version of jalfreizi spicy chicken in tomato and tamarind sauce, touch of garam masala, fresh ginger and spring onion make it delicious.
- 3g. **Murgh Dansak** 🍷 🌶️ 🍲 £9.55
Chicken breast prepared in rich lentil sauce with south Indian Spices and curry leaves.
- 3h. **Murgh Lasune** 🍷 🌶️ 🍲 £9.55
Barbecued diced chicken cooked in a thick tomato and onion sauce with roasted garlic, ginger, cumin seeds and curry leaves.

Seafood

- 4a. **Koshi Machhi** 🍷 🌶️ 🍲 🍷 🍲 £9.50
Chunks of boneless fish in tradition sauce with coconut milk fresh green herbs, curry leaves, ground mustard seeds.
- 4b. **Goan Salmon Fish** 🍷 🌶️ 🍲 🍷 🍲 £9.95
Marinated salmon gently cooked in clay oven then topped up with our garlic, curry leaf and tangy goanish flavour sauce.
- 4c. **Machhi Masala** 🍷 🌶️ 🍲 🍷 🍲 £9.50
Tender marinated fish fillet deep-fried cooked in a special sauce.
- 4d. **King Prawn Pathia** 🍷 🌶️ 🍲 🍷 🍲 £12.25
Spicy king prawns cooked in a delicious sweet and sour tamarind sauce with curry leaves, really tasty.
- 4e. **Prawn Himali** 🍷 🌶️ 🍲 🍷 🍲 £12.25
King prawns marinated with home ground spices, slowly cooked with fresh spinach, herbs, onion and tomato sauce.
- 4f. **Jhinga Masala** 🍷 🌶️ 🍲 🍷 🍲 £12.25
Delicately spiced king prawns served in a mild creamy tomato and onion sauce.
- 4g. **King Prawn Chilli** 🍷 🌶️ 🍲 🍷 🍲 £12.25
Barbecued king prawns prepared with spicy tomato sauce, green chillis and herbs.

If you have a food allergy or intolerance, please speak to our team member before ordering. Price may change without notice. All prices includes VAT at the current rate.

Biryanis

- 5a. **Vegetable Biryani** 🍷 🌶️ 🍲 £10.15
Vegetable biryani prepared with rice and served with our own special separate sauce.
- 5a. **Lamb Biryani** 🍷 🌶️ 🍲 £11.25
Served with rice and our own special separate sauce.
- 5a. **Chicken Biryani** 🍷 🌶️ 🍲 £11.25
Served with rice and our own special separate sauce.

Vegetarian

- 6a. **Mixed Vegetable Korma** 🍷 🌶️ 🍲 £8.25
Various fresh vegetable in mild creamy sauce.
- 6b. **Paloong Chana** 🍷 🌶️ 🍲 £8.25
Combination of fresh spinach and chick peas cooked with roasted ginger, garlic, cumin seeds and touch of garam masala.
- 6c. **Mixed Vegetable Curry** 🍷 🌶️ 🍲 £8.20
A winning combination of fresh vegetables and our own spices and herbs create this wonderful dish.
- 6d. **Paneer Sag** 🍷 🌶️ 🍲 £8.20
Cubes of Indian cheese cooked with baby spinach leaves and a combination of The Tiffin Tin spices.

ALLERGENS REFERENCE: (contains)



Vegan

- 7a. **Achari Vegetable** 🍷 🌶️ 🍲 🍷 🍲 £7.95
Variety of fresh vegetable cooked with tomatoes and onion base spicy and hot sauce, garam masala, methi patta and curry leaf.
- 7b. **Brinjal Paloong** 🍷 🌶️ 🍲 £7.95
Mix of aubergines, spinach and chick peas, chopped onion, pepper and ginger salad with touch of garam masala.
- 7c. **Tofu And Mushroom** 🍷 🌶️ 🍲 £7.95
Combination of mushroom and tofu which is full of protein, chunks of onion and colour peppers, garam masala, tamarind sauce, coconut milk and finished with chives.
- 7d. **Aloo Chhole** 🍷 🌶️ 🍲 £6.45
Potatoes and white chick peas cooked with chat masala, curry leaf, methi patta, and coriander. A popular Punjabi dish.
- 7f. **Shahi Rajma** 🍷 🌶️ 🍲 £6.45
Popular south Indian curry cooked with red kidney beans, coconut milk, fresh green herbs, curry leaves, ground spices and touch of ginger.

Lamb

- 8a. **Gosht Tikka Masala** 🍷 🌶️ 🍲 £9.75
Tender barbequed lamb simmered in creamy tomato and cashew nut sauce, fenugreek leaf and hint of garam masala.
- 8b. **Mirchi Lamb** 🍷 🌶️ 🍲 £9.75
Spicy barbeque lamb cooked in hot tomato sauce, rich with herbs and spices.
- 8c. **Badami Pasanda** 🍷 🌶️ 🍲 £9.75
Barbequed slices of lamb cooked in a sweet and sour creamy sauce with ground cashews and almonds.
- 8d. **Paloong Gosht** 🍷 🌶️ 🍲 £9.75
Juicy cubes of lamb with fresh spinach and fresh chives, make this a delicious dish.
- 8e. **Bhuna Gosht** 🍷 🌶️ 🍲 £9.75
Tender lamb in a thick sauce of tomatoes, onion, ginger & garlic finished with spring onions.
- 8f. **Rogan Gosht Josh** 🍷 🌶️ 🍲 £9.75
Tender spicy lamb cubes in a traditional rogan josh sauce and lots of fresh tomatoes.

Weekly Special

10. For people who want to try something a little more authentic, our excellent chef selects and prepares to our usual high standards new 'special' dish each week.

Rice & Breads

- 11a. **Pilau Rice** 🍷 £2.95
Basmati rice prepared with herbs.
- 11b. **Plain Boiled Rice** £2.70
Basmati rice.
- 11c. **Mushroom Rice** 🍷 £3.80
Rice cooked with fresh mushrooms.
- 11d. **Plain Naan** 🍷 🌶️ 🍲 £2.95
Self-raising flour bread baked in the tandoor.
- 11e. **Peshwari Naan** 🍷 🌶️ 🍲 🍷 £3.85
Naan bread filled with cashew nuts, coconut and sultanas.
- 11f. **Garlic Naan** 🍷 🌶️ 🍲 £3.25
Naan bread stuffed with freshly chopped garlic.
- 11g. **Paratha** 🍷 🍲 £3.85
Whole wheat bread with butter baked in the clay oven.
- 11h. **Tandoori Roti** 🍷 🍲 £2.85
Popular Indian bread cooked in the tandoor.

Weekly Special

For just: **£9.75** Please ask for more details.

Vegetables sides

- 9a. **Tarka Daal** 🍷 £5.45
Mixed lentils with ginger, cumin seeds and garlic.
- 9b. **Hariyali Daal** 🍷 🍲 £5.95
Mixed lentils cooked with spinach leaves.
- 9c. **Aloo Chatpat** 🍷 🍲 £5.45
Sliced potato cooked with fresh onions, peppers and chat masala.
- 9d. **Channa Chat Masala** 🍷 🍲 £5.45
Chickpeas cooked with fresh onion.
- 9e. **Bhindi Sabzi** 🍷 🍲 £5.95
Fresh okra with tomato, cumin, mustard seeds, ginger and garlic.
- 9f. **Brinjal Sabzi** 🍷 🍲 £5.55
Fresh aubergine with herbs and light spices.
- 9g. **Aloo Gobi** 🍷 🍲 £5.55
Stir-fried potato and cauliflower with tomato, onion and peppers.
- 9i. **Aloo Paloong** 🍷 🍲 £5.85
Combination of fresh potato and spinach with light spices.
- 9j. **A. Paloong** 🍷 🍲 £5.95
Fresh spinach with cumin seeds, mustard seeds and ginger.
- 9k. **Mushroom Sabzi** 🍷 🍲 £5.55
Mushrooms fried with tomatoes, onion and light spices.

Extras

- 12a. **Mint Yoghurt** 🍷 £1.75
- 12b. **Raita** 🍷 £1.75
- 12c. **Mixed Pickle** 🍷 🍲 £1.75
- 12e. **Plain Poppadom** £1.50
- 12f. **Mango Chutney** 🍷 £1.50
- 12g. **Mango Lassi** 🍷 £3.15
- 12h. **Sweet Lassi** 🍷 £2.70
- 12i. **Plain Lassi** 🍷 £2.70
- 12j. **Red Onion Salad** £1.75
Onion, cucumber, tomatoes and herbs.

Cold drinks

- 13a. **Mineral Water** 1.5Ltr £2.55
Still, or Sparkling
- 13b. **Coca Cola** 1.25Ltr £2.55
Regular or Diet
- 13c. **Cobra Lager** 66 Cl* £5.25
- 13d. **House Red** 75 Cl* £11.25
- 13e. **House White** 75 Cl £11.25

*(Not available in West Hampstead and Wanstead)