

The Tiffin Tin Allergen Reference table

C = Contains

Note: The making of food is such that we cannot guarantee that trace amounts of this ingredient will never show up

	Dairy	Eggs	Tree Nuts	Molluscs	Soya	Gluten	Crustaceans	Fish	Mustard	Peanuts	Sesame Seeds	sulphur dioxide/ sulphites	Lupin	Celery
1. Onion pakora	-	C	-	-	-	-	-	-	-	-	-	-	-	-
2. Chicken samosa	-	-	-	-	C	C	-	-	C	-	-	-	-	-
3. Kalipare squid	-	-	-	C	-	C	-	-	C	-	-	-	-	-
4. Vegetable samosa	-	-	-	-	C	C	-	-	C	-	-	-	-	-
5. Lamb Samosa	-	-	-	-	C	C	-	-	C	-	-	-	-	-
6. Sekuwa murgh kebab	C	-	-	-	-	-	-	-	C	-	-	-	-	-
7. Murga shish kebab	C	-	-	-	-	-	-	-	-	-	-	-	-	-
8. Tandoori mixed grill	C	-	-	-	-	-	C	-	C	-	-	-	-	-
8a. Mixed kebab chhoyela	C	-	-	-	-	-	-	-	C	-	-	-	-	-
9. Puchchre prawns	C	-	-	-	C	C	C	-	C	-	-	-	-	-
10. Tandoori salom kebab	C	-	-	-	-	-	-	C	C	-	-	-	-	-
11. Lamb shish kebab	C	-	-	-	-	-	-	-	-	-	-	-	-	-
12. Sekuwa lamb kebab	C	-	-	-	-	-	-	-	C	-	-	-	-	-
12a. Paneer kebab	C	-	-	-	-	-	-	-	C	-	-	-	-	-
12b. Mini Mixed Grill	C	-	-	-	-	-	-	-	C	-	-	-	-	-
13. Koshi machhi	C	-	-	-	-	C	-	C	C	-	-	-	-	-
14. Goan salom fish	C	-	-	-	-	-	-	C	C	-	-	-	-	-
15. Machhi masala	C	-	C	-	-	C	-	C	C	-	-	-	-	-
16. King prawn pathia	C	-	-	-	-	-	C	-	C	-	-	-	-	-
16a. Prawn Himali	C	-	-	-	-	-	C	-	C	-	-	-	-	-
17. Jhinga masala	C	-	C	-	-	-	C	-	C	-	-	-	-	-
17a. King prawn chilli	C	-	-	-	-	-	C	-	C	-	-	-	-	-
18. Murgh Korma	C	-	C	-	-	-	-	-	C	-	-	-	-	-

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	Dairy	Eggs	Tree Nuts	Molluscs	Soya	Gluten	Crustaceans	Fish	Mustard	Peanuts	Sesame Seeds	sulphur dioxide/ sulphites	Lupin	Celery
19. Murgh tikka masala	C	-	C	-	-	-	-	-	C	-	-	-	-	-
20. Mango Chicken Curry	C	-	-	-	-	-	-	-	C	-	-	-	-	-
20a. Murgh Jaypur	C	-	C	-	-	-	-	-	C	-	-	-	-	-
21. Murga mirchi	C	-	-	-	-	-	-	-	C	-	-	-	-	-
22. Murgh Freizi	C	-	-	-	-	-	-	-	C	-	-	-	-	-
23. Murgh Dansak	C	-	-	-	-	-	-	-	C	-	-	-	-	-
23a. Murgh Lasune	C	-	-	-	-	-	-	-	C	-	-	-	-	-
24. Achari vegetable	-	-	-	-	-	C	-	-	C	-	C	-	-	-
24a. Brinjal paloong	-	-	-	-	-	-	-	-	C	-	-	-	-	-
24b. Tofu & Mushroom	-	-	-	-	C	-	-	-	C	-	-	-	-	-
24c. Aloo Chhole	-	-	-	-	-	-	-	-	C	-	-	-	-	-
24d. Shahi Rajma	-	-	-	-	-	-	-	-	C	-	-	-	-	-
25. Mixed vegetable korma	C	-	C	-	-	-	-	-	C	-	-	-	-	-
25a. Pallong chana	C	-	-	-	-	-	-	-	C	-	-	-	-	-
26. Mixed Vegetable Curry	C	-	-	-	-	-	-	-	C	-	-	-	-	-
27. Gosht Tikka Masala	C	-	C	-	-	-	-	-	C	-	-	-	-	-
28. Mirchi Lamb	C	-	-	-	-	-	-	-	C	-	-	-	-	-
29. Badami Pasanda	C	-	C	-	-	-	-	-	C	-	-	-	-	-
30. Paloong Gosht	C	-	-	-	-	-	-	-	C	-	-	-	-	-
31. Bhuna Gosht	C	-	-	-	-	-	-	-	C	-	-	-	-	-
32. Rogan Gosht Josh	C	-	-	-	-	-	-	-	C	-	-	-	-	-
33. weekly special	Please ask member of staff													
34. Vegetable biryani	C	-	-	-	-	-	-	-	C	-	-	-	-	-
35. Lamb biryani	C	-	-	-	-	-	-	-	C	-	-	-	-	-
36. Chicken biryani	C	-	-	-	-	-	-	-	C	-	-	-	-	-

